

# ELXIS SPA MENU

## MASSAGE

### Full body Relax

Full body relaxing massage with almond oil, that helps to relieve stress.

**Time:60'**

**Cost: 100€**

### Deep Tissue

Full body massage with combinations of deep pressure techniques ideal for tense muscles.

**Time:60'**

**Cost: 100€**

### Back Massage

Relaxing massage with focus on the back, shoulders, neck and hands.

**Time:30'**

**Cost:65€**

### Reflexology

Massage and pressure technique focused on the feet in order to activate the reflex points for relaxation and wellbeing.

**Time:30'**

**Cost: 65€**

### Legs Relief Massage

Relieves fatigue, pain in the legs, stimulates the metabolism and blood circulation, relieve swelling.

**Time:30'**

**Cost: 65€**

### Indian Head Massage

Oil free traditional Indian head and neck massage.

**Time:30'**

**Cost: 65€**

### Balinese

Massage with essential oils by hand, elbow and thumb pressure that relieves muscular tensions.

**Time:60'**

**Cost: 100€**

## FACE TREATMENTS

### Vitamin Hydration

A hydrating treatment enriched with Vitamins A, C & E, designed to soothe and nourish sun-exposed skin. Restores moisture, boosts radiance and leaves the complexion soft and refresh.

**Time:60'**

**Cost: 100€**

### Anti-aging

Anti-aging treatments course with products based on steam cells, redwood and flower vine that rejuvenates the skin.

**Time:60'**

**Cost: 100€**

### Anti-wrinkle

Enhances collagen production, smoothes wrinkles and strengthens skin's defense mechanism

**Time:90'**

**Cost:140€**

### Intensive whitening

Whitening & anti-aging treatment that stimulates collagen production and smoothes blemishes.

**Time:60'**

**Cost: 100€**

## BODY TREATMENTS

### After Sun Body Treatment

Deep hydration and nourishment treatment with mask for the whole body.

**Time:60'**

**Cost: 100€**

### Cold compress Cryogenic

Treatment with firming action, recommended for those suffering from edematous conditions, heavy ends and poor circulation.

**Time:60'**

**Cost: 100€**

### Anti – Cellulite

Body treatment concentrates on stimulating the blood vessels in skin targeting cellulite and detentions.

**Time:60'**

**Cost: 100€**

### Revitalizing Salt & Greek Oil Body Scrub

A luxurious exfoliating ritual that combines mineral – rich salts with nourishing oils to gently remove dead skin cells, boost circulation and deeply hydrate the skin. Leaves the body feeling silky- smooth, refreshed and radiant.

**Time:30'**

**Cost: 65€**

## SIGNATURE RITUALS

### Korean Treatment

A multisensory experience inspired by Korean Wellness culture, where warm water gently flows from a special halo above the head, offering deep relaxation. This unique ritual includes a head massage, scalp cleansing with the water element, facial care and a full body massage delivered through an advanced mechanical bed with tailored wellness functions.

**Time:90'**  
**Cost:150€**

### Candle Ritual

Full body relaxing massage with aroma candle, specifically processed and enriched with jasmine elixir.

**Time:60'**  
**Cost:110€**

### Hot stone massage

Massage technique utilizing volcanic stones activating the body's chakras and releasing accumulated negative energy.

**Time:60'**  
**Cost: 110€**

### Chi Nei Tsang

Massage that relieves the abdominal region of toxins and negative energy which accumulates in the field as a reaction to the stress experienced by the person.

**Time:30'**  
**Cost: 65€**

### Shirodhara Head Massage

Ayurvedic face, neck and head massage with herb enriched oil. Restore nervous system, helping with sleep problems.

**Time:30'**  
**Cost: 65€**

## PERSEPHONE AGIENT GREEK SCHOOL

### Aphrodite

Facial and body massage from tip to toe. Inspired by depictions found on amphorae dating back to the Minoan civilization.

**Time:75'**  
**Cost:120€**

### Demetra

Unique massage technique with virgin green olive oil, as it was ritually provided in ancient Sparta. Combine relaxation with a totally natural skin nourishment.

**Time:60'**  
**Cost: 100€**

### Estia

A full body scrub with salt from the Greek sea followed by a full body massage ritual.

**Time:75'**  
**Cost:120€**

### Hera

Indulge in a massage ritual for your body and enjoy the benefits of lemon or orange extracts on your skin.

**Time:60'**  
**Cost: 100€**

### Dias Couple Massage

Sense like a King and Queen by experiencing a ritual treatment after the royal wedding.

**Time:90'**  
**Cost: 140€**

### Hermes

A full body massage with honey and royal jelly, exceptionally popular in the Mycenaean civilization 3500 years ago.

**Time:60'**  
**Cost: 100€**

**Enjoy now special prices with Elxis Spa Wellness Plan Packages for any treatment of your choice:**

**DANAE 4 hours 340€ (1 hour only 85€)**

**AEGEA 6 hours 450€ (1 hour only 75€)**

**HELEN 8 hours 560€ (1 hour only 70€)**

**VENUS 10 hours 650€ (1 hour only 65€)**

\*The offers are not valid to the other discounts

For Reservation please call tel. – 1910 daily 10:00 – 20:00.